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WEALTH PLANNING AND MANAGEMENT

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Elder Care Websites and Related Resources

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Reading Material

The Care Givers Guide to Compassionate Care Giving by Vicki Kind

General Websites

www.newlifestyles.com

www.eldercarelink.com

www.homecare.com

Federal Websites that offer valuable information on a range of critical eldercare issues:

U.S. Administration on Aging

Site contains a wide array of information on older persons and services for the elderly. Several resource rooms focusing on such topics as Alzheimer's Disease and caregiving are available.

Website: <http://aoa.gov> Phone: 202-619-0724

USA.gov for Seniors

USA.gov for Seniors site helps users access all government sites that provide services for senior citizens.

Website: <http://www.USA.gov/Topics/Seniors.shtml> Phone: 1-800-FED-INFO

ADEAR Center

ADEAR Center is a current, comprehensive, unbiased source of information about Alzheimer's Disease. The ADEAR Center is operated as a service of the National Institute on Aging. Website:

<http://www.nia.nih.gov/alzheimers> Phone: 1-800-438-4380

Cancer Information Service

The Cancer Information Service (CIS), a program of the National Cancer Institute (NCI), provides the latest and most accurate cancer information to patients, their families, the public, and health professionals. Website: <http://www.cancer.gov/aboutnci/cis> Phone: 1-800-4-CANCER

Disability.gov

Disability.gov is a comprehensive Federal website of disability-related government resources.

Website: <http://www.disability.gov>

Driving (Non-Federal sites):

- AARP offers the highly recommended Driver Safety Program for older people. To find a class near you, visit the AARP Web site at www.aarp.org/drive/home.html. Call toll-free at 1-888-227-7669, or write to them at 601 E Street NW, Washington, DC 20049.
- The Association for Driver Rehabilitation offers referrals to professionals trained to help people with disabilities, including those associated with aging. Visit their Web site at www.driver-ed.org and click on "Directory" in the left hand menu, or contact them at: P.O. Box 49, Edgerton, Wisconsin 53534, 1-608-884-8833.
- The USAA Educational Foundation, AARP, and the National Highway Traffic Safety Administration developed a very informative booklet, "Driving Safely While Aging Gracefully." Visit their Web site at www.nhtsa.dot.gov/people/injury/olddrive/booklet.html. It describes many of the physical changes associated with aging, and includes tips on coping with them so that older people can remain safe drivers.

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FDA for Older People

FDA has numerous articles, brochures and other publications with information for older people on a wide range of health issues, including arthritis, cancer, health fraud, and nutrition.

Website: <http://www.fda.gov/oc/seniors> Phone: 1-888-INFO-FDA (1-888-463-6332)

Funeral Home Websites

Selected Independent Funeral Homes: <https://www.selectedfuneralhomes.org/>

FuneralHomes.com provides a user-friendly, online directory of funeral homes with descriptions in all 50 states and hundreds of cities across the US. <http://www.funeralhomes.com/>

Funeral Net offers a variety of information: <http://www.funeralnet.com/funeral-home-search.html>

GovBenefits.gov

Site is the official government benefits website. It is a free, confidential tool that helps individuals find government benefits they may be eligible to receive. Website: <http://www.GovBenefits.gov>

Guide to Long Term Care for Veterans

The Guide provides information about long term care options - home and community based, and residential care. Website: <http://www.va.gov/GERIATRICS/Guide/LongTermCare/index.asp>

Healthfinder

Provides links to selected online publications, clearinghouses, databases, websites and support and self-help groups, as well as government agencies and nonprofit organizations for seniors and others. Website: <http://www.healthfinder.gov>

HUD

Site provides information related to housing options for seniors including information on HUD housing programs. Website: http://portal.hud.gov/portal/page/portal/HUD/topics/information_for_senior_citizens

LIHEAP

Site contains general information on the Low Income Home Energy Assistance Program (LIHEAP).

Website: <http://www.acf.hhs.gov/programs/ocs/liheap>

Medicare.gov

The Official U.S. Government Site for People with Medicare. Website: <http://www.medicare.gov>

National Center for Elder Abuse

Site provides resources on elder abuse prevention, including information on reporting a suspected case of elder abuse. Website: <http://ncea.aoa.gov>

NIHSeniorHealth

Site provides aging-related health information easily assessable for adults 60 and over.

Website: <http://www.NIHSeniorHealth.gov>

Nursing Home Compare

The primary purpose of this tool is to provide detailed information about the past performance of every Medicare and Medicaid certified nursing home in the country.

Website: <http://www.medicare.gov/NHCompare/home.asp>

Nutrition.gov

A federal resource that provides easy access to all online federal government information on nutrition. Website: <http://www.nutrition.gov>

Prescription Drug Programs

This section of the Medicare.gov website provides information on public and private programs that offer discounted or free medication, programs that provide assistance with other health care costs, and Medicare health plans that include prescription coverage.

Website: <https://www.medicare.gov/navigation/medicare-basics/medical-and-drug-costs.aspx>

The Senior Corp

Senior Corps is a network of programs that tap the experience, skills, and talents of older citizens to meet community challenges. Through its three programs – Foster Grandparents, Senior Companions, and RSVP (the Retired and Senior Volunteer Program).

Website: <http://www.seniorcorps.org> Phone: 1-800-424-8867

Social Security Administration

The Social Security Administration toll-free number operates from 7AM to 7PM, Monday to Friday. Recorded information and services are available 24 hours a day. The website contains a wealth of information and resources including on-line databases and publications.

Website: <http://www.ssa.gov> Phone: 1-800-772-1213

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Supplemental Nutrition Assistance Program (SNAP)

Site provides information on the Supplemental Nutrition Assistance Program, including eligibility and application information. Website: <http://www.fns.usda.gov/snap/> Phone: 703-305-2286

Travel.State.Gov

The State Department offers travel tips and provides special tips for older Americans traveling abroad. Website: http://travel.state.gov/travel/tips/tips_1232.html#older_americans
Emergency Phone: 1-888-407-4747

Veterans Administration

Information on VA benefits and services. Website: <http://www.va.gov> Phone: 1-800-827-1000

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